**The following questions below refer to the headache episodes that you may have experienced in your lifetime. If you are not sure how to answer a given question, please answer what you believe is most correct.**

1. Do you have frequent or intense headaches? **(1)** Yes **(0)** No
2. **If left untreated or unsuccessfully treated,** how long would your headache usually last?

**(0)** < 30 mins **(0)** 30 mins to < 2 hours **(0)** 2 hours to < 4 hours   
**(1)**  4 hours to < 3 days **(0)** > 3 days

**For the following questions, please select the most suitable answer:**

|  |  |  |
| --- | --- | --- |
|  | **Yes** | **No** |
| **3.** Do you usually feel nauseous or sick to your stomach during your headache? | **(1)** | **(0)** |
| **4.** Are you often sensitive to light (does light bother you) during your headache? | **(1)** | **(0)** |
| **5.** Are you often sensitive to sounds (does noise bother you) during your headache? | **(1)** | **(0)** |
| **6.** Does a headache limit any of your physical or intellectual activities? | **(1)** | **(0)** |
| **7.** aggravation by or causing avoidance of routine physical activity (e.g. walking/climbing stairs) | **(1)** | **(0)** |

**Regarding the headache episodes described above,** select the most suitable characteristic:

|  |  |
| --- | --- |
| **8.** Site | **(1)**  One-sided **(0)** Two-sided |
| **9.** Character | **(1)**  pulsating/pounding **(0)** Tightening/pressing |
| **10.** Severity | **(0)** Mild **(1)**  Moderate or severe |
| **11.** Frequency | **(1)**  > 15 days/month for >3 months  **(1)**  > 8 days/month for >3 months  **(0)** < 8 days/month or <3 months |

|  |  |
| --- | --- |
| **Scale** | **Included items** |
| **Migraine-4** | 2, 3, 4, 5 |
| **MS-Q** | 1, 2, 3, **(4 or 5)\***, 6 |
| **ICHD-3b | 1.1** Migraine without aura | **Criteria B** [Item 2] **Criteria C** [Items: 7 – 10]  **Criteria D** [Items: 3 – 5] |
| **ICHD-3b | 1.3** Chronic Migraine | Similar to **ICHD-3b | 1.1** Migraine without aura, **in addition to:**  **Criteria A and C** [Item 11] |